
Has any one heard about Quantum Mind Power??

Posted by jorial - 2008/09/28 08:05

Recently, a friend of mine told me about Quantum Mind Power. I found it interesting and have researched it a bit and found many interesting facts. For example, I discovered that it's really a way which can transform the whole process of how we perceive things and therefore experience situations. It appears there are those that believe that we can actually create our experiences, in every detail. Any thoughts?

=====

Re:Has any one heard about Quantum Mind Power??

Posted by milio - 2008/09/29 07:17

I think to truly experience what we wish first we must be fully in this reality, fully in this moment – and most people are stuck in their brain, in the regretting the past and fearing the future. Second is to clearly create a picture of that which you intend to experience. Then, in your prayers or meditations or visualizations or holocreations, simply move the pictures and thoughts of this new reality you wish to experience into your current meditative, reflective states. You may like this brief outline: Quantum Mind Power ; it truly is amazing. To apply this science personally, using your Conscious Quantum Mind Power, essentially follow these 4 steps:

- 1) Stop practicing affirmations. Affirmations are flat. You must add passion to your thoughts.
- 2) Stop thinking about what you don't want and generally reduce the number of thoughts you have (as most thoughts have fears and limitations attached to them).
- 3) Know what you do want and focus on it, charge those thoughts with emotion (passion).
- 4) Then, the master's step: Embrace the (new) reality!

Check out the link for more info.

=====